

Health and Family Life/Sex Education

The district believes a comprehensive health education program is an integral part of each student's education. The health education program should emphasize the functioning and proper care of the human body and encourage the development of lifelong, positive health habits. In addition, it should inform students about potential physical and mental health hazards they are likely to encounter in various life situations and help them make sound, intelligent decisions when they are confronted with choices that could affect their health or that of others.

The district further believes that its comprehensive health education program should provide information about family life and sex education. While parents have the prime responsibility to assist their children in developing moral values, the district should support and supplement these efforts by offering students factual information and opportunities to discuss the moral and practical concerns, issues and attitudes inherent in family life and sexual behavior.

The district shall teach about family life and sex education in regular courses on anatomy, physiology, science, health, consumer and family studies. If a separate family life or sex education program is developed, it shall not be required. Any curriculum that includes instruction on human sexuality shall be in accordance with applicable law and the district's academic standards.

In addition to the requirements listed below, the district's policies and regulations concerning the approval of new curriculum and instructional materials shall apply to any comprehensive health education courses offered by the district:

1. The basic curriculum and instructional materials to be used in the district's comprehensive health education program shall be available for inspection by the public during school hours. A forum to receive comments from the public concerning the basic curriculum and instructional materials used in the district's health education program shall be scheduled prior to adoption.
2. In accordance with applicable state law, students' parents/guardians shall be notified in writing prior to the student's involvement in the health education course. The notice to parents/guardians shall include a detailed, substantive outline of the topics and materials to be presented.
3. The notice shall also inform students' parents/guardians that they may exempt their child, upon written request, from any portion of the district's comprehensive health education curriculum.
4. Students shall be provided with alternate educational assignments or activities for credit corresponding to that portion of the planned curriculum from which they are exempt.

Adopted: November 12, 2014

Revised and recoded by the superintendent: July 17, 2019

LEGAL REFS.: 20 U.S.C. 7906 (*prohibited uses of Title I Funds*)

C.R.S. 22-1-128 (*education regarding human sexuality*)
C.R.S. 22-25-105 (*Colorado Comprehensive Health Education Program*)
C.R.S. 22-25-106 (4) (*district must provide exemption procedure*)
C.R.S. 22-25-110 (2) (*operation of other health education programs*)

CROSS REFS.:

Board policies:

EL-5, Commitment to Accomplishment and Accountability
EL-6, Educational Program
EL-7, Instructional Materials Selection and Adoption

Administrative policies:

IG, Curriculum Development
JLC, Student Health Services and Records, and subcodes

Health and Family Life/Sex Education
(Exemption Procedure)

1. Exemption will be granted from any portion of the health education curriculum upon the request of the student's parent/guardian.
2. A request for exemption must be submitted in writing to the principal at least five school days in advance of instruction in that portion of the curriculum for which the exemption is requested.
3. The principal will confer with the teacher to determine the length of time a student will be exempt. The teacher will develop an alternative activity for which the student will receive credit.
4. The principal or teacher will inform the parent/guardian of disposition of the request within three school days of receipt of the request.

Adopted: November 12, 2014

Revised and recoded by the superintendent: July 17, 2019